

Check out our new 3-month schedule



MOHICAN

Newsletter of the Mohican Chapter of the Adirondack Mountain Club
Serving Westchester, Putnam, and Fairfield Counties ...and Beyond

PLEASE NOTE NEW MEETING DATES

Next Meeting is March 7, 2012

No Meeting in April, 2012

Meeting on May 2, 2012

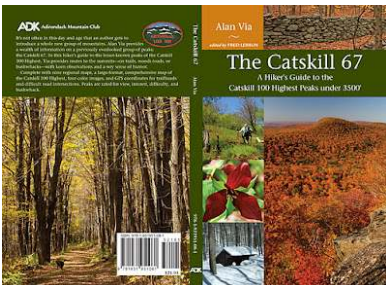
Wednesday, March 7, 2012

**Meeting at 7:30 pm Westmoreland Sanctuary
HIKING IN HEAVEN—CRESTED BUTTE, CO**



In September 2010, ADK Mohican members Carole Ehleben, Carol Harting, Kathie Laug, and Judy and Steve Singlak participated in this ADK outing. They did a week of day hikes through some of the most spectacular scenery in the Rockies when the aspen foliage was at peak color. Kathie will present a slide show and talk on the hikes, the historic mining town of Crested Butte, and the local celebration of Vinotok which took place during that week.

**Wednesday, May 2nd Meeting at 7:30 p.m.
Westmoreland Sanctuary
THE CATSKILL 67 – A HIKER’S GUIDE TO THE
CATSKILL HIGHEST PEAKS UNDER 3500 FEET**



Long time Albany Chapter member and former ADK Outings Chair Alan Via will present a slide show on hiking the Catskill 100 highest peaks. The ADK has

published Alan's new book, *The Catskill 67--A Hiker's Guide to the Catskill Highest Peaks under 3,500'*. Alan will have beautiful color photos and speak about places and things few people have seen. He is one of only a small handful who has climbed both the Adirondack and Catskill 100 highest summits.

From the Chapter Chair



This will be the last column I write as chair since new leadership will be taking over after the annual election of officers at our May meeting. I would like to thank all of the officers who have served with me over the last four years. It has been a terrific team who I could always count on to provide a great outing schedule, interesting and informative meetings, a professional quality newsletter, and wonderful social events. It has been my pleasure to work with these exceptional individuals as well as our volunteer hike leaders and all the members of the club who contribute to making it the great organization that it is.

So far, it hasn't been much of a winter but that doesn't stop us from modifying our plans and getting outdoors anyway. Hopefully by the time you read this, there will have been opportunities for the fun in the snow that we love so much!

The Executive Board has voted to donate \$200 to the main club to help offset losses that were experienced due to Hurricane Irene.

Save the Date! Saturday, July 28, ADK Mohican picnic at Croton Point Park. This is always a fun day you won't want to miss.

Hope to see you this spring in the woods, along the trail, on the mountaintops, beside the streams, among the wildflowers – enjoy!
Kathie

The nominating committee has presented the following slate to be elected at our May meeting:

- Chair: Jean Dolen
- Vice-Chair: Jane Restani
- Treasurer: Lisa Weismiller
- Secretary: Leslie Millman

If anyone wishes to make additional nominations, contact Fran Resch at 914-255-7742

Welcome To Our New Members

November 2011

Robert Ferrera, Garrett and Katy Thelander (and children – Pakrer and Greer)

December, 2011

Brach and Hedy Simpson have rejoined.



This column is dedicated to you, our members, whose lives, events, and achievements on and off the trail, are to be recognized and shared.

We wish to congratulate Rex Brown who took office on January 1, 2012 for a two-year term as an Associate Vice President of the main chapter of ADK.

Margaret Freifeld will be giving a slide presentation at the WTA Annual Dinner on April 22 on the hiking adventures she and Steve Klepner experienced in Bhutan in 2006. See the notice below.

Send in your news. If there is a special event in your life, a special vacation you would like to share or a special achievement on or off the trail, please send in the news to Jean Dolen at jdol89mnts@yahoo.com.

INVITATIONS FROM WTA

Sunday, April 22 WTA Annual Dinner

Join WTA in celebrating Earth Day at our annual dinner to be held this year on Sunday, April 22, at the Casa Rina Restaurant, 886 Commerce Street in Thornwood. For a fixed price of \$25 including tax and tip, diners can enjoy a full three-course meal and choose from: an appetizer, soup or salad; ten different meat, fish, chicken and vegetarian entrees; and four different desserts. The only extras are beverages (cocktails, and coffee, tea or soft drinks at dinner). To see the full menu, visit the restaurant's website at www.casarinarestaurant.com and click on their Sunday through Wednesday

menu. We have invited our hiking friends from ADK Mohican to celebrate with us, and have reserved a private room from 5:00-9:00 p.m. Those wishing to do so can join us for cocktails starting at 5:00 p.m. and order dinner at 6:00 p.m. We'll be treated to a slide presentation by Margaret Freifeld about her hiking adventures in Bhutan, and we will have plenty of time to relax and enjoy good food and good company. Advance reservations and payment must be received at least a week before the dinner. Please make your checks or money orders payable to Westchester Trails Association, and mail them to Gloria Lewit, 25 Valley Road, Scarsdale, NY 10583 before April 14 to guarantee your reservations. For any questions, contact Eileen West at 914-747-3776 or eileenw1000@yahoo.com.

WTA Week in the Berkshires May 5-12, 2012

Feedback on our Spring Hiking Week at the 1896 House in Williamstown, MA has been so positive that we decided to do it again! We hope you will join us in continuing to explore the Appalachian and other trails in western Massachusetts and southern Vermont with hiking opportunities ranging from easy strolls in state forests and local preserves to longer and more challenging climbs over Mt. Greylock and nearby Vermont peaks.

Naturally, we expect the weather to be perfect all week. But, just in case it's not, there are plenty of cultural and other activities available in and around Williamstown, including the Clark and MassMoCA art museums, Hancock Shaker Village, the Norman Rockwell and Bennington Museums, not to mention an array of great restaurants.

The 1896 House offers modestly priced, comfortable accommodations and a welcoming staff (you can visit their website at www.1896house.com for more information). The rates this year are: \$82/day on weekdays and \$99/day on weekends (Friday and Saturday nights) for two people in a room with 2 double beds; and \$87/\$104 for two people in a room with a queen bed. For one person in a room, deduct \$5 per day from the rates quoted above. All prices are per room, not per person, and all rates include a full breakfast buffet. New for 2012 are refrigerators in every room - always a plus for hungry hikers! You need not stay the entire 7 days. We plan to arrive on Saturday evening, May 5, in time for dinner and

leave the morning of Saturday, May 12, after breakfast, but you can select whatever group of days is best for you.

We will be staying again at "Brookside", which is just a minute's stroll from the breakfast area, dining room and tavern. Rooms will be held for us until April 5, but we urge you to reserve now to guarantee availability. To reserve, call the 1896 House at 888-999-1896 (be sure to tell them you are with the Westchester Trails group so you get the guaranteed rate). Please also contact Eileen West by phone at 914-747-3776 or eileenw1000@yahoo.com to let her know you are coming so she can keep you "in the loop" about planned hikes. Volunteer leaders are also needed!

TRIP TALES

**Monday, December 26
Kaaterskill High Peak**



It was a dark and stormy night. No. It was actually a bright and sunny day. We welcomed back Wolfgang Weber from Afghanistan and his desert workout had

him flying up the mountain. He is closing in on his Catskill 3500 Peaks. Susan Perciasepi is also working on hers. They were accompanied by Jennifer Reidy, Margaret Freifeld, Stephen Klepner, Janice Miller, Lisa Weismiller and leader Jane Restani. Of course, when Margaret (300+ Catskill Peaks) is along, there is really only one leader and it was not JR. We saw the various airplane wreckage sites and approached the summit from the south. The ledges were icy, but we had appropriate traction devices. The lunchtime views of the Devils Path and various peaks were outstanding and with little snow we made good time and arrived home in time for dinner.

Submitted by Jane Restani

**Sunday, January 1
New Year's Day, Greenwich Point Park, CT**



I won't list all the hikers because there was a mob. You can't keep folks away when it is a 50° sunny day with no wind in January. We strolled around the park en masse for two to three miles and then gathered at the beach for a swim (or dip). The seas were fairly warm, 48-49°, and the usuals, Jane Restani and Margaret Freifeld, were joined by second-timer Manfred Janowski and first-timers Lisa Weismiller and Marianne Janowski. We then had the biggest post-hike/swim celebration ever. Lots of cakes, coffee and other libations - not to be named. I think 2012 is off to a good start.

Submitted by Jane Restani

**January 13-16, 2012
ADK Loj Weekend**



In spite of the below zero temperatures, 10 intrepid outdoor enthusiasts showed up for the Martin Luther King weekend at the ADK Loj. Mother Nature dumped a good 8" of fresh powder just in time for our arrival. Saturday, Fran, Lisa, Janice

and Scott hiked Esther Mountain. This was Scott's first trip to the Adirondacks so his first 46er was a trail less in winter.....WAY TO GO SCOTT! Lori, Judy and Donna (potential new Mohicans) hiked up Mt. Jo and had lunch on the summit and enjoyed the sunshine and good views. Joe, Claire and Ross headed for Mt. Van Hoevenberg each day with their cross-country ski gear. While Lisa and Janice were hiking Wright on Sunday, Lori, Judy and Donna tried out their cross-country ski equipment but were happy to return to the Loj and head into Lake Placid. They joined Fran and Scott who hit the thrift shop to catch the discounts at EMS in the afternoon. We had our usual food fest in front of the fire before dinner each night and had a rousing game of Last Word after dinner one evening. Lisa and Janice hiked Belfry fire tower on the way home Monday. We had a great group, and it was fun to share stories with other hikers and skiers each evening.

Submitted by Lisa Weismiller

**Saturday, January 14
Fahnestock Ski or Hike**

No snow, no skiing. So a hike it was to be. Six miles we hiked, a loop, north of route 301 on sections of the Charcoal Burners, Perkins, and Fahnestock trails. It was a cold and windy day, four women signed up, new to ADK. Helga Kremer, Carol McEwan, Jean Myer, and Gwen Molloy. George Mariani rounded out our small group. We hiked over rolling hills in horse country, through hardwood forests, along swiftly moving streams, and by three very scenic ponds. At the end of the day a perfect scene; two women riders on horseback all in black wearing helmets came trotting down the trail, we stepped aside to watch first a white horse and then a dark horse trot along passing us by. A great ending to a great hike.

Submitted by Jane Smalley

**Monday, January 16
Harriman State Park - Silvermine**

We were a group of nine strong hikers on this pretty winter day: Debbie Farrell, Bob Fiscina, Carol Harting, Steve Klepner, Jennifer Reidy, Jane Restani, Steve Singlak, Barbro Thelemarck, and myself, the leader. The sun was out and the trails were mostly dry and ice free. When we reached Black Mountain, our planned lunch spot, the wind picked up and made it quite inhospitable up there. Because of a hazy ski, the distant view of

Manhattan was more imagined than real. We did not linger long, but moved on to less exposed parts of the trail. Before we reached the Red Cross Trail, we had another snack break in a sunny and sheltered spot by a stream. Finally, the Menomine Trail took us back to the Brien Shelter and then to our cars. Before reaching the shelter, off the trail in the open woods, we discovered two beautiful stone sculptures. Debbie went over to take the attached picture of those spires.



Submitted by Margaret Freifeld

**Sunday, January 29,
Ramapo Valley County Reservation**



Group Standing in front of ruins of stone cabin

This turned out to be another beautiful, rather warm day by winter standards. Our small group of four women (leader Pat Johnston, Rosanne Schepis, Carol Harting and Jeanne Thomson) hiked this scenic 7.5-mile loop in northern NJ passing some lovely cascades and pools along the Schuber trail. At the highest point on the ridge (996 feet), we had expansive views of the Manhattan skyline and even the Verrazano-Narrows Bridge. Almost back to the car, we encountered droves of people out walking their dogs and just enjoying the beautiful weather. Exploring some new trails in our area was a welcome change of pace for us all.

Submitted by Pat Johnston

**Saturday, February 4
Camp Smith**



Well, winter gave us another great day – not too cold but a little hot in the windless sunny conditions on the way up those rocky bits. A good crowd showed up. Jeanne Thomson, Jennifer Reidy, Pat Johnston, Stephen Klepner, Barbro Thelemarck, Steve and Judy Singlak, Margaret Freifeld, Debbie Farrell, and Trudy Pojman. The continuous views of the Hudson on this hike cannot be beat. It is close to home too. Join us next time if you can tolerate the 2000'+ of elevation gain in about 6 miles.

Submitted by Jane Restani

**Saturday, February 11
Fir Mountain - Catskills**

We expected cold weather and snow. Neither materialized. Instead, we had a beautiful day on this trailless peak in the Catskills. This was a substitute hike, as our plans for hikes out of the Seager trailhead have met obstacles remaining from Hurricane Irene. We are distressed every time we see the signs of the destruction caused along the rivers and creeks in this area by the hurricane. Road and trail bridges are still out in many places. The hikers this day were Wolfgang Weisbrod-Weber, Pat Johnston, co-leader Jennifer Reidy, Sue Perciasepi, and Janice Miller.

Submitted by Jane Restani

HIKES and STUFF

Attention Leaders and Hikers

When car-pooling, it is recommended that a charge of \$.40 per mile be equally divided among passengers, including the driver, and that everyone shares in the tolls. Trip tales go to c.harting@verizon.net. To enter the **leader lottery**, send your signup sheets to Pat Johnston, 35 Millburn Road, Apt. 1, Goshen, NY 10924

Saturday, March 3
**Hudson Highlands - Mount Taurus
(Joint Hike with WTA)**

Enjoy a 6-mile moderate hike with views of the Hudson River and a lunch break overlooking West Point. We will commence on Route 9D and go up the Brook trail to the Notch trail, then over and down the Washburn trail to the Undercliff trail and back down the Brook trail to our vehicles. We will make stops at the dairy farm ruins and aqueduct pump house which are examples of beautiful old stone work. Vertical rise of 1,400 feet. Meeting time 9:30 a.m. with the meeting location to be determined. Steady rain cancels. Bring plenty of water and food. To register, contact the leader Rosanne Schepis at 203-417-5552 or rschep@yahoo.com.

Sunday, March 4
**Oscawana Island Park and Graff Sanctuary
(Joint Hike with WTA)**



Enjoy this easy 4-mile walk along a stream with wide trails and river views. Carpooling from North White Plains train station at 9:30 a.m. Those who wish can meet at the trailhead in Cortlandt at 10:00 a.m. To register or if you need directions, contact leader Carolyn Hoffman at 914-948-0608 or via email at

earthwormch@aol.com. Cell phone on day of hike only 914-420-5778. *Qualifies for the Westchester 100 (No. 13.)*

Saturday, March 10
Saugatuck Trail (Joint Hike with WTA)



This is a 7-mile trail that straddles the towns of Weston and Redding in Connecticut closely paralleling its namesake, the Saugatuck Reservoir. We will pass through a variety of terrain including rock outcroppings, streams, hemlock and hardwood forests, and spectacular reservoir views.

Optional extension – this trail connects to the Devil’s Den trail network. Rescheduled from being rained out on September 24. For meeting time and place, contact leader Kathie Laug at 203-348-3993 or kfriedmanlaug@optonline.net.

Saturday, March 10
Hook Mountain (Joint Hike with WTA)

6 miles, moderate in the a.m., easy after that. We'll start on the ridge and return on the shore path. This hike offers spectacular views in all seasons. Carpooling from North White Plains train station at 9:30 a.m. To register, contact leader Catharine Raffaele at 914-948-4061 or callen150@juno.com.

Sunday, March 11
Pound Ridge (the Town), End-to-End (Joint Hike with WTA)

11 miles, moderate. On this hike we'll cover the entire length of the town of Pound Ridge, entering from Lewisboro to the north, and then continuing south through Ward Pound Ridge Reservation, Clark Preserve, Morgenthau Preserve and Westchester Wilderness Walk, where our journey ends near the Pound Ridge/Bedford town line. There is some road walking, but it's mostly on less traveled dirt or back roads. To register and for meeting time and place, contact leader Eileen West 914-747-3776 or eileenw1000@yahoo.com. Steady precipitation cancels; deep snow on the ground may shorten the hike to one or two preserves. *Qualifies for the Westchester 100 (Nos. 63, 64 and 98a).*

Sunday, March 11
Marshlands Conservancy (Joint Hike with WTA)



This is a 3-4 mile, easy two-hour hike in this Rye preserve on a network of trails through a field, a deciduous forest, and a salt marsh. Meet leader at

10:30 a.m. at the Conservancy parking lot located at 220 Boston Post Road near the Rye Golf Course. To register, contact leader Leslie Millman at oooleslie@aol.com, or for last minute changes, call 914-552-7720. *Qualifies for the Westchester 100 (No. 9).*

Saturday, March 17
Butler Memorial Sanctuary (Joint Hike with WTA)



About 5 miles, easy. We will attempt to cover most of the trails in this sanctuary and end having lunch at the bleachers. Maybe we will see some returning hawks flying overhead. A few hills and stream crossings. To

register, call leader Jane Smalley at 914-276-0413 or e-mail jsmallpt@aol.com

Saturday, March 17
Harriman State Park

This 7.5-mile loop hike climbs to the summits of Green Pond and Island Pond Mountains, goes through the narrow Lemon Squeezer, and passes the historic Boston Mine. We will be following the AT (Appalachian Trail), Long Path, White Bar and Dunning trails and A-SB (Arden-Surebridge trail). For meeting time and place, contact Pat Johnston via email at patcjohnston@gmail.com or by phone 845-294-3439.

Sunday, March 18
Hudson Highlands Gateway Park (Joint Hike with WTA)



This is a pleasant 4-5 mile hike with gentle ups and downs. Take Bear Mountain Parkway to Highland Avenue to Sprout Brook Road and the parking lot is on the right designated by a sign for the Gateway Park. To register, call Carol Harting at 845-669-6731 or e-mail c.harting@verizon.net.

Saturday, March 24

**Croton Aqueduct-Rockwood Hall Circular
(Joint Hike with WTA)**



5 miles, easy to moderate. Meet leader at Sleepy Hollow H.S. parking lot northern end near Route 448 (Bedford Road) at 10:30 a.m. We proceed north

on the Old Croton Aqueduct, then detour to Rockwood Hall State Park for lunch overlooking the Hudson River. If the weather is inclement, we'll eat indoors at Phelps Memorial Hospital cafeteria. Some variations in the return route. To register, contact leader Ellie Carren at 914-591-7038. *Qualifies for the Westchester 100 (No. 38).*

Sunday, March 25

Harriman Hike

7-8 mile, moderate hike leaving from Reeves Brook Visitor Center off of Seven Lakes Drive. Climbing in the morning, then a lovely ridge walk and out along a stream. Reeves Brook Trail, to Pulpit, to Racoon Brook Hills Trail for lunch. Out along the Stony Brook. Hiking boots, lunch and sufficient water required. Snow or icy conditions may alter location of hike. Co-leaders: Deirdre Feeney and Sarah Davis. To register, contact Sarah Davis at sewdavis@gmail.com or phone 212-873-4018 (h), 917-501-1322 (c).

Sunday, March 25

Pound Ridge Reservation

Come on this easy 2-3 hour morning hike in this beautiful park with varied terrain. We can vary this hike depending on the group want to do. Bring lunch and plenty of water. Contact leader Joel Engelbrektson for meeting time and place at 914-769-2198.

Saturday, March 31

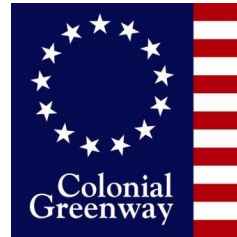
Schunemunk Mountain

Moderate-to-strenuous hike of approximately 8 miles and 1700 ft of elevation gain. Includes ridge walks with nice views. As it is early spring, trail conditions may make traction devices advisable. To register, contact leader Steve Klepner via email at

spk010@yahoo.com. Home phone: 914-666-0710, mobile: 845-297-7066.

Sunday, April 1

Colonial Greenway (Joint Hike with WTA)



This 8.5 mile, easy-to-moderate circular hike travels along the Leatherstocking Trail, Saxon Woods, Weinberg Nature Preserve, Hutchinson River Pathway, Ward Acres and Larchmont Reservoir

reflects the colonial heritage of Westchester County. At this time in previous years, there have been spring flowers along the Leatherstocking Trail. Join hike leaders Jane and Walt Daniels 914-245-1250 or jdihikes@gmail.com at North White Plains at 9:30 a.m., or at 9:45 a.m. at the Weinberg Nature Center in Scarsdale, 455 Mamaroneck Rd. just off Exit 22 of the Hutchinson River Parkway, south of the Saxon Woods Golf Course. *Qualifies for the Westchester 100 (No. 44, 60, 68 and 99a).*

Saturday, April 7

Major Welch Bear Mountain Hike

7-8 mile moderate-strenuous hike up Major Welch for great views of the Hudson River. We will descend Bear Mountain on various trails ending up in Doodletown on the way back to the cars. Hiking boots, lunch and sufficient water required. Co-leaders: Deirdre Feeney and Sarah Davis. To register, contact Sarah Davis via email at sewdavis@gmail.com or by phone at 212-873-4018 (h), 917-501-1322 (c)

Sunday, April 8, Easter Sunday

**Catfish Loop in Fahnestock
(Joint Hike with WTA)**

5 miles, easy to moderate. This is a pleasant hike with some gentle hills that winds through a variety of landscapes, forested, meadow and occasionally rocky. We'll meet in the Bird and Bottle



Restaurant parking lot (just off Route 9W in Garrison) at 10:00 a.m. From there, we'll drive to the trailhead--we may have to carpool since parking

is limited. To register, contact leader Howard Millman at hwardmillman@aol.com.

Saturday, April 14
Harriman Hike from Anthony Wayne
(Joint Hike with WTA)

Join me on this 8-10 mile ramble at moderate pace with many ups and downs. We will travel on a variety of trails to include viewpoints on West Mountain and the Timp. Heavy or steady rain cancels. For more information and to register, contact leader Margaret Freifeld 914-666-0710 or mcfreifeld@yahoo.com.

Saturday, April 14
Teatown – Kitchawan Trail
(Joint Hike with WTA)

6.5 miles, easy moderate hike. We will do an end-to-end on this relatively new trail heading west from Kitchawan Preserve to Teatown Lake Reservation, hiking through hardwood forest and meadows, along dirt roads, and climbing Bald Mountain with stunning views of the Croton Reservoir and the distant Hudson Highlands. There will be a short shuttle. Meet at the Nature Center in Teatown. To register, call leader Jane Smalley at 914-276-0413 or e-mail jsmallpt@aol.com.

Sunday, April 15
Highlands Trail Continuation in NJ
Clinton Road to Holland Mountain Road



This 8.6-mile end-to-end moderate hike continues in the Newark Watershed following the Bearfort Waters/ Clinton trail. Some ridgetop hiking with views of Buckabear Pond.

When we reach Clinton Reservoir, we take the Clinton West trail passing Dunker Pond, then ascending a ridge with views of Oak Ridge Reservoir. For meeting time and place, contact Pat Johnston via email at patjohnston@gmail.com or by phone 845-294-3439.

Tuesday, April 17 at 4 p.m.
Mohican Walkers (Joint Hike with WTA)

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester.

Each easy-to-moderate walk will last between 1-1 ½ hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.

Saturday, April 21
Tom Jones Mountain in Harriman
(Joint Hike with WTA)

9 miles, moderate. Heading north on the Ramapo-Dunderberg, we will take various trails bringing us past Lake Skenonto on our way to the Tom Jones Shelter. We return via the R-D. Inclement weather cancels. To register and for meeting time and place, contact leader Bob Fiscina via email at fis6973@verizon.net. Pace will be adjusted to group.

Sunday, April 22
Mountain Lakes in North Salem
(Joint Hike with WTA)



This morning hike will be about three hours of easy hiking on nice trails in an old campsite. We will also check out the newly added yurts (dictionary says these

are circular tents). To register, call Jean Dolen at 914-948-4585.

Sunday, April 22
A Hiking Combo: Camp Smith Trail and Beyond
(Joint Hike with WTA)
Hike before the WTA Annual Dinner

4.3 moderately strenuous miles in the morning, 4-5 easy miles after that. We'll start the day with a challenging climb up the Camp Smith Trail (rugged terrain with multiple Hudson vistas) to Anthony's Nose, and enjoy lunch on a rock outcrop overlooking the river. After a descent to Route 9D, the easy part begins as we continue across the Bear Mountain Bridge, walk through the zoo, and explore Doodletown in Harriman. There is an option for people wanting a moderate climb to take the Appalachian Trail up to Anthony's Nose from Route 9D and join the group for lunch. And another option to extend the hike at the end with a one mile walk around Iona Island. Those doing the entire hike are guaranteed to have a hearty appetite for our annual

dinner. To register and for meeting times and places, contact leader Eileen West at 914-747-3776 or email eileenw1000@yahoo.com. Rain cancels. *Qualifies for the Westchester 100 (No. 50).*

Tuesday, April 24 @ 4 p.m.

Mohican Walkers (Joint Hike with WTA)

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester. Each easy-to-moderate walk will last between 1-1 ½ hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.

Saturday, April 28

Catskill Trailless Hike

We will select our goal depending on conditions and group wishes. Sherrill and North Dome are possible. Steep rugged terrain and mileage could be near 10 miles depending on the selection. Email leader Jane Restani at irabjanea@aol.com as early that week as possible to be in on the selection. Final sign-up is Friday at 5 p.m.

Saturday, April 28

Pine Mountain, Ridgefield CT (Joint Hike with WTA)

Come on this easy to moderate morning hike, with two fairly steep hills. Our lunch spot has breathtaking views. The hike should take us about 4 hours. Contact leader Barbro Thelemarck for meeting time and place at 914-277-4026.

Sunday, April 29

Suffern-Bear Mountain Hike, Park 1-Route 59 to the Pine Meadow Trail (Joint Hike with WTA)

8 miles, moderate. We will start our SBM series with a climb up Nordkop Mountain, passing features such as the Kitchen Stairs, Grandma and Grandpa Rocks and The Egg, and then exit to the Equestrian Center in Ramapo using the Pine Meadow trail. Inclement weather cancels. Shuttle required. For meeting time and place, contact leader Carol Ann Benton via email at aquarius2950@hotmail.com at 914-762-7347. No calls after 9:30 p.m.

Sunday, April 29

Central Park (Joint Hike with WTA)

Rain Date – May 6



4-6 miles, moderate, but brisk hike. We will start at the Conservancy Gardens and then go south enjoying all the beauty of the spring blossoms in Central Park. Stops will be made to take photos. Big backpacks and hiking boots are not suggested. Wear good walking shoes or sandals, a hat and bring a water bottle, snacks and

sunscreen. We can buy lunch at Whole Foods and eat by one of the lakes. There are plenty of drinking fountains and bathrooms in the park. Be prepared for the temperature to rise by mid-day. To register, contact leaders Barbro Thelemarck at 914-277-4026 or Sarah Davis 212-873-4018, sewdavis@gmail.com.

Tuesday, May 1 @ 4 p.m.

Mohican Walkers (Joint Hike with WTA)

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester. Each easy-to-moderate walk will last for between 1 and 1-1/2 hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.

Saturday, May 5

Storm King and North Peak of Crow's Nest (Joint Hike with WTA)

This will be an end-to-end-hike of about 8 miles in Storm King State Park. Multiple viewpoints offer unsurpassed panoramas of the Catskills and the Hudson Valley. Contact leader Kathie Laug for meeting time and place at 203-348-3993 or kfriedmanlaug@optonline.net.

Saturday, May 5

Fahnestock Loop (Joint Hike with WTA)

6 miles, easy-to-moderate hike of about 4 1/2 hours with lunch. A loop on the Perkins and Fahnestock trails. We will hike over rolling hills in horse country, through hardwood forests, along streams, and by several ponds. To register, call leader Jane Smalley at 914-276-0413 or e-mail jsmallpt@aol.com.

Sunday, May 6

**Squantz Pond State Park
Route 39, New Fairfield**



This beautiful hike travels through meadows...onto a carriage road...up a trail...to the overlook...with a view of Candlewood Lake. Moderate, 5-mile hike about 3 hours round trip. We will meet in the parking lot at 10:00 a.m. Steady rain cancels. To register, contact the hike leader Rosanne Schepis at 203-417-5552 or rschep@yahoo.com.

Sunday, May 6

Rockwood State Park

Join us for this easy 3-hour morning hike with beautiful views of the Hudson River. We will walk into some of the Rockefeller trails as well. Contact leader for meeting time and place. Joel Engelbrekton 914-769-2198

Tuesday, May 8 @ 4 p.m.

Mohican Walkers (Joint Hike with WTA)

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester. Each easy-to-moderate walk will last between 1-1 1/2 hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.

Saturday, May 12

**Highlands Trail Continuation in NJ
Holland Mountain Road to Mahlon Dickinson
(Joint Hike with WTA)**

On this 8-mile end-to-end moderate hike, we will be leaving the Newark Watershed and entering the



Sparta Mountain Wildlife Management Area. We will pass through wetland habitat where many species of wading birds and songbirds can be found along with a large number of insect,

mammal, reptile, and amphibian species. Apart from the wetland areas, there are some hills to climb offering a moderate workout and beautiful view. We will continue into Mahlon Dickinson Reservation, managed by the Morris County Parks Commission following co-aligned Pine Swamp and Highlands trails. For meeting time and place, contact Pat Johnston via email at patjohnston@gmail.com or by phone 845-294-3439.

Saturday, May 12

Pawling Nature Preserve (Joint Hike with WTA)



This will be an easy morning hike in this

Nature Conservancy in Putnam County. Part of the Appalachian

Trail goes through this preserve so we have a variety of choices to choose from the different trails. Bring lunch. Contact Barbro Thelemarck at 914 277-4026 for meeting time and place.

Sunday, May 13, Mother's Day

Macedonia State Park (Joint Hike with WTA)



7 miles, moderate. Great views on this loop hike in Kent, CT, about an hour from Katonah. The route includes part of the former Appalachian Trail, and has mostly

moderate terrain with one interesting climb or descent, depending on our direction. Optional post-hike stop at phenomenal Belgian chocolatier for coffee, treats, etc. For information and to register contact leader, Debbie Farrell at 914-282-9942 or debfarpr@gmail.com.

Sunday, May 13, Mother's Day
Pound Ridge Reservation
(Joint Hike with WTA)



This morning hike will start out with a short climb up to the fire tower, then down onto a trail surrounded by beautiful rock formations and then out to the flat and level Laurel Trail ending up at the Kimberly Bridge area where the cars will be parked. We will carpool into the park as there is a parking fee. You will still have plenty of time after the hike for those Mother's Day celebrations with your loved ones. To register, call Carol Harting at 845-669-6731 or e-mail at c.harting@verizon.net.

Tuesday, May 15 @ 4 p.m.
Mohican Walkers (Joint Hike with WTA)

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester. Each easy-to-moderate walk will last between 1-1 ½ hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.

Saturday, May 19
Bronx River Pathway South - Garth Road
(Scarsdale) to Bronxville and Back
(Joint Hike with WTA)

7.2 miles, super easy. Meet the leader in North White Plains at 10 a.m. We will drive from there to the starting point of the hike, but the return to NWP is on your own. Those arriving by train should disembark at the Scarsdale station, and meet us at the southern end of Garth Road at 10:30 a.m. To register, contact leader Audrey Sutton at 914-723-1214. *Qualifies for the Westchester 100 (No. 70).*

Saturday, May 20
Canoe/Kayak The Great Swamp
(Joint with WTA)



Paddle the Great Swamp, a lovely flatwater stream, rich in wildlife; with a gentle, winding current, about 8-10 miles. The wild irises should be out in full bloom. Bring binoculars, lunch and own canoe or kayak or rent a boat at Great Blue Outfitters in Patterson at 845-3196172. They will deliver and pick up. We will plan to meet at 10:00 a.m. at the Patterson Environmental Park off Rt. 311 to set up a shuttle. For info and to register, call leader Dodd Chahroudi at 845-878-6869.

Saturday, May 20
Cranberry Lake Preserve in North White Plains



This is an easy 3-mile circular hike which offers a pleasant walk around a tranquil lake and variety in the trails. To register, call Jean Dolen at 914-948-4585.

Tuesday, May 22 @ 4 p.m.
Mohican Walkers (Joint Hike with WTA)

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester. Each easy-to-moderate walk will last between 1-1 ½ hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.

Saturday, May 26
West and Bear Mountains in Harriman
(Joint Hike with WTA)

7-8 miles, moderate to strenuous. Starting on the SBM we will head towards Doodletown and the Herbert Mine before beginning a rocky, rather steep ascent of West Mountain for lunch at the shelter. The return trip will be mostly on the AT where we

will either climb to Perkins Tower before returning, or bypass it and take the SBM back. Inclement weather cancels. Contact leader to register and for meeting time and place. Pace will be adjusted to group. To register, contact leader Bob Fiscina via email at fis6973@verizon.net.

Sunday, May 27

Suffern-Bear Mountain Hike, Part 2 - Pine Meadow Trail to Rte 106 (Joint Hike with WTA)



6-7 miles, moderately strenuous. Starting from the Equestrian Center in Ramapo, we will rejoin the SBM and continue heading north over several mountains

including Panther, Big Hill and Jackie Jones. We will enjoy views from the fire tower, and then on to the Orak ruins. Come and learn the history of that area. For meeting time and place, contact leader Carol Ann Benton via email at aquarius2950@hotmail.com at 914-762-7347. No calls after 9:30 p.m. Inclement weather cancels. Shuttle required.

Monday, May 28, Memorial Day

Mianus River Gorge (Joint Hike with WTA)



You will still have plenty of time for those Memorial Day barbecues after joining us for this morning 5 mile easy hike in the Bedford area. We will hike to

the beautiful waterfall and hope there is some water there. To register, call Carol Harting at 845-669-6731 or e-mail c.harting@verizon.net.

Tuesday, May 29 @ 4 p.m.

**Mohican Walkers
(Joint Hike with WTA)**

Fran and Bella will be continuing their popular weekday rambles in the preserves described in Jane and Walt Daniel's Walkable Westchester. Each easy-to-moderate walk will last between 1-1 ½ hours and will be posted on our club's yahoo groups, or you may contact Fran Resch at 914-255-7742 or email at dbvfxr@earthlink.net by 5:00 p.m. the Monday before each walk.



*January 2nd Ward Pound Ridge Rocks Trail Hike led by Sarah Davis (photographer and missing from photo)
L to R (standing): Kathie Laug, Howard Millman, Fred Howley, Bob Fiscina, and Steve Klepner
L to R (sitting): Debbie Farrell, Deirdre Feeney, Carol Ann Benton and Margaret Freifeld*

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Gertrude's Nose hike in the Shawangunks led by Margaret Freifeld

L to R: Margaret Freifeld, Barbro Thelemarck, Jeanne Thomson, Jane Restani, Pat Johnston, Debbie Farrell, Gabriel Freifeld, Steve Klepner, and Judy and Steve Singlak



Martin Luther King weekend at the Adirondack Loj in Lake Placid, NY

L to R: Claire Halverson. Judy Russell, Donna Walters, Ross Whelan, Janice Miller, Lisa Weismiller, Fran Resch, Lori McNeill, Joe Ippolito, Scotty Griffith (kneeling in front)

MEMBERSHIP APPLICATION

To join:

Send this form with payment to:
 Adirondack Mountain Club
 814 Goggins Road
 Lake George, NY 12845-4117
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- Family Life \$1950
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Notify ADK of address change at least six

weeks in advance via email at adkinfo@adk.org or call 1-800-395-8080

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